



30 Easy at Home Family Activities

Looking for some easy ideas?

Welcome to our free ebook featuring 30 easy ideas to try at home with your family! These ideas are all pretty simple to set up. Here's what included in this ebook:

- The first few pages describe each idea to help you brainstorm.
- Next, there's a printable checklist with all 30 ideas. You can also print them out and cut each idea out, put it in a box and pick a new one each day!
- Third, there's a daily calendar you can print up.
- Last, a bonus section with scavenger hunt ideas!

Each of the printable pages comes in color and black and white so you can chose how you want to print it up!

*I hope you enjoy this ebook
and find some fun things to do!
- Rachel, My Mini Adventurer*

30 Easy Family Fun Ideas

Bake Together

Let everyone choose something they want to bake together as a family. It could be cookies, cake pops, muffins, a pastry—anything yummy and bake-able! Then, you all work together as a family to get the ingredients, and make something super delicious everyone can be proud of being a part of. We have tons of kid friendly recipes to try in our [Mini Chef Mondays](#) series!

Plant a Garden

Gardening is a very useful skill, and can be a lot of fun to get into. You can start a little vegetable, herb, or flower garden depending on the space you have. If you have a lot of space, everyone can have their own little plot where they can grow what they want as well! Gardening is a great way to show your kids how patience, hard work, and perseverance can pay off in big ways!

Story Time

To get the whole family involved in a favorite story, try acting it out instead of just reading it! Everyone will become part of the story, and you will all have an amazing memory to look back on. Bonus points for going all in with costumes, funny voices, and homemade props!

Board Games and Puzzles

Sometimes just a relaxing day of playing board games is a great way to pass the time. If you want to add a little something extra, try making up some new rules and change the same old games up a bit! You can also create your very own games like themed charades, or scavenger hunts!

Arts & Craft Day

Coloring, collages, slime making, painting, etc. are all examples of super fun crafts you can do with your family. Art styles are all different, and there is no wrong way to be creative! Just have fun! Need inspiration? Check out our [Kids Activities](#) pinterest board!

Pizza Night

All you need is dough, toppings, sauce, and an oven to have your very own family pizzeria! Everyone gets enough dough for a personal sized pizza, and they can top it however they want. Then, you just bake and enjoy! This makes personal pizzas truly personal, and makes for great bonding time with food and fun! Try our [Tuscan Style Pizza Dough Recipe](#)!

Pillow Fort

One person can make a pretty awesome pillow fort, but a whole family can make an epic pillow CASTLE! Use cardboard boxes, blankets, couch cushions, pillows, and more to create a huge pillow fort to hang out in.

Learn Sign Language

Sign language is a very useful language to know, and it is actually a lot of fun to learn. You can use books and/or online tutorials, help each other practice, and even try going a whole day communicating with just sign! Find more about learning sign language here [starting with the alphabet!](#)

Film For A Day or Make a Movie

Document a whole day with your family. Then you can watch it back and even edit it into a fun family movie! Or, make a movie together at home. Write scripts, gather props and make sets!

Dance Party

Make a playlist with everyone's favorite songs, and have a big dance party! Go crazy and have fun just shaking out all your troubles. You will get a great workout for it, too!

Yoga/Pilates

Pilates and Yoga are fantastic ways to help with flexibility and fitness. Start with beginner positions, and practice daily until everyone is super comfortable with learning gradually more complex positions. Search youtube for free yoga lessons. We love Cosmic Kids Yoga!

Picnic

This can be indoor or outdoor, depending on your situation. Pack up some food, drinks, snacks, pillows, and blankets. Then set up a nice little picnic spot in your house or backyard! Picnics are always a lot of fun! Bump it up a notch by making a special theme for your picnic.

Make Cards/Write Letters

Letters and cards can mean so much to elderly in nursing homes and troops overseas. Make some handmade cards with happy messages, or write some kind letters, and send them out to senior homes and military bases. Or send cards out to relatives and friends you haven't seen in awhile. Everyone loves getting snail mail!

Fashion Show

Let the kids try on some old clothes from your closet, and make the craziest outfits they can think of... Then, the parents can pretend to be fashion show judges and score everyone's costumes. The judges can even have their own eccentric outfits on for extra fun!

Write A Story

This can be done in a lot of ways. You can use a white/chalk board to add words while everyone takes turns adding one word at a time. You can also write one all together and put it on paper you can bind together into a homemade book. This also works with filling in mad-libs if you need a starting point to get your creativity rolling!

Tie Dye

Tie dye is a lot of fun, and is also a great outlet for creativity! You can tie dye just about any article of clothing, and there are a million ways to tie and dye them! Once they are all finished, you will have a great memory every time you wear whatever you made!

Learn To Sew

Sewing is a skill that always comes in handy at one time or another. Even knowing how to sew on a button can be the difference between an awkward situation and a quick fix with no fuss. Basic stitches are also good to know in any future fashion emergencies. You could also try a more specific skill like making a stuffed animal or learning cross stitch!

Build Models

Order a model airplane, building, robot, car, etc. and build it together as a family. Model building is an awesome way to learn about how things go together, and how to work together as a team. If you don't have one on hand, try making something out of old cereal boxes and other items you have around the house!

Family Video Games

A lot of video games and systems have awesome multiplayer options that make family fun super easy! The Wii in particular has some of the best games and features for this, but you can use any system if you take turns playing one single player game. Keep it pressure free and have fun!

Check Out Old Photo Albums

Learning about family history is a great way to keep memories and traditions alive. Great grandma's cookie recipe will mean that much more if your kids have a face to place with the stories. Pictures are worth a thousand words, and they also preserve the memories of the past.

Make A Scrapbook With New Photos

To make your own memories for your family's future, take pictures and add them to a new album! You can even try out scrapbooking to make it even more meaningful and organized. Everyone can fill out a page in their own style and write their own little memory notes next to each picture.

Life Sized Drawings

Get a big piece of poster board and have someone lay down on it. Then you can trace around their body so you have a template. Once that is done, everyone can work together to fill in the template and make a life sized drawing of the family member!

Karaoke

Karaoke is a lot of fun, and making it a family affair is sure to get lots of laughs. You can even hold a contest for silliest song/voice combo... Bonus points for interpretive dance!

Make A Critter House

A typical birdhouse can be a home for lots of animals besides birds! Chipmunks, squirrels, mice, and other small mammals can also make their homes in birdhouses. This is a great way to keep these little guys warm and sheltered in the rain or cold that may be coming up where you live.

Follow An Online Tutorial

This can be anything from cake decorating, to wreath making, to knitting a scarf! Just find a beginner video of something cool, and if you have the supplies you need—give it a try! It can be a lot of fun to see how your finished product compares with the video's. This can be a team effort to do one big project, or each family member can work on one small project! This is a great way to see how differently each person can do the same thing.

Play In The Rain

Rain is usually an excuse to stay indoors, but you can have a lot of fun stomping in puddles and playing in the mud. Just make sure it is not too cold out, and that there is not any lightning nearby.

Scavenger Hunt

Scavenger hunts are really awesome ways to get the brain and body moving. There are also lots of ways to set up a scavenger hunt! You can theme it by color, size, room, and more! Set a time limit if you have older kids; and make sure if you have younger kids, that they can have fun without feeling too pressured to “win.” Check out the bonus scavenger hunt ideas later in this ebook!

Paint Rocks

Have everyone find a cool rock outside or buy some at the craft store. Then, you all can use your imaginations to paint each rock! Make them look like animals, holiday themed, fun sayings or just doodles. We like to make pretty rocks and hide them around the neighborhood.

Read-a-Thon

Reading together can be a great way to connect! Get cozy and set a timer to read for a certain amount of time. Or make a challenge where everyone has to read a certain type of book! Or, make a prize for different amount of minutes read!

Movie Marathon

(This is a great add-on to pillow fort day) Get comfy and watch a movie series for a day with lots snacks and finger food. Stay in your pajamas for extra coziness!

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2 Plant a garden

3 Interactive Story Time

4 Play board games

5 Arts & Crafts day

6 Pizza Night

7 Build a Pillow Fort

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8

Movie Marathon

9

Learn Sign Language

10

Film for a day/make a movie

11

Dance Party!

12

Do yoga

13

Have a picnic

14

Make cards or write letters for snail mail

15

Fashion Show

30 EASY AT HOME FAMILY ACTIVITIES

16

Write a Story

17

Tie Dye

18

Learn to sew something

19

Build Models

20

Family Video Games

21

Check out old photo albums

22

Make a scrapbook with new photos

23

Make life sized drawings

30 EASY AT HOME FAMILY ACTIVITIES

24

Karaoke Party

25

cavenger Hunt

26

Make a critter house

27

Follow an online tutorial to learn something new

28

Play in the Rain

29

Paint Rocks

30

Read-a-Thon

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CALENDER

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Dance party	do yoga	have a picnic	make cards/write letters	Fashion Show
write a story	tie dye	Learn to sew something	build models	Family Video Games
Check out old photo albums	make a scrapbook	Make life sized drawings	Karaoke party	scavenger hunt
Make a critter house	learn something new online	play in the rain	Paint Rocks	Read-a-thon

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16

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17

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18

Learn to sew something

19

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20

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21

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22

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23

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24

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25

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27

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28

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29

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30

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BONUS: 8 EASY SCAVENGER HUNT IDEAS!

1

Minatures: Everyone gets a small box to fill with as many tiny things as they can in the allotted time. No repeats allowed!

2

Color: Each person gets a different color. Fill a container with as many items of your color as you can!

3

Texture: Each person gets a different texture. Find as many items of your texture as you can!

4

Clue Based Hunt: Come up with scavenger hunt clues to help your participants find the items on their list.

5

Nature Hunt: Find as many different nature based items as you can! You could also make different themes such as color or specific items to find in the yard!

6

Glow in the Dark: Set up a treasure hunt using glow in the dark paint and toys!

7

Magazine Hunt: Make a list of items to search for in a magazine within a certain amount of time.

8

ABC: Find one item beginning with each letter. Make it harder for older kids by making a theme (fruits, toys etc)